



Update in **RHEUMATOLOGY** 2022

CME/CE Accredited Activity

Friday, February 11, 2022

7:30 am – 11:45 am

Live Virtual Event

PROVIDED BY:

Rutgers Robert Wood Johnson Medical School
Department of Medicine
Division of Rheumatology
and Connective Tissue Research

RUTGERS

Robert Wood Johnson
Medical School

Overview

Recent advances in the management of rheumatic disease have increased the potential for improved outcomes, including a state of low disease activity or remission. Biologic disease-modifying agents have significantly transformed treatment approaches and the potential for improved response in many patients. In addition, initiation of early, aggressive treatment has been shown to improve outcomes in patients.

Nevertheless, clinicians are unable to keep up-to-date with new developments in the field, including diagnostic tools and procedures and evidence-based treatment modalities for rheumatologic conditions. Musculoskeletal problems are common, but many clinicians lack the competencies that are needed for their assessment and management. Additionally providers often struggle with optimizing therapy to control rheumatic disease activity and managing potential medication adverse events, complex medical comorbidities and drug–drug interactions.

It is essential that clinicians learn the complexities of evaluating and managing rheumatologic diseases, the current strategies for the early diagnosis of these conditions, the pharmacokinetics and adverse effects of current and new agents to treat these disorders, and the necessity of a strong and communicative relationship between the primary care provider and rheumatologist in order to promote better patient outcomes.

Learning Objectives

- Describe the anatomy and physiology of the normal musculoskeletal system and the immunologic processes that contribute to the pathogenesis of rheumatic disease.
- Conduct the appropriate focused history for joint and soft tissue symptoms, screening, complete musculoskeletal examination, and functional assessment utilizing the appropriate laboratory and imaging modalities.
- Review the clinical presentation, diagnostic criteria, and initial treatment recommendations for various rheumatologic conditions.
- Describe the indications, laboratory and exam monitoring, potential side effects, and contraindications of pharmacologic agents for analgesia, disease modification, immunosuppression, and anti-inflammation.
- Establish a multidisciplinary approach to the treatment of rheumatologic conditions that utilizes expert resources including consultation and/or evaluation by a specialist for optimal patient care.
- Recognize the importance of involving and counseling patients and caretakers on treatment decisions and planning.

Target Audience

This activity is designed for primary care physicians, rheumatologists, advanced practice nurses, nurses, pharmacists, physician assistants, and other allied healthcare professionals involved in the care of patients with rheumatic diseases.

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERNATIONAL CONTINUING EDUCATION

In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 3.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is awarded 3.5 ANCC contact hours.

Pharmacists: This knowledge-based activity qualifies for 3.5 contact hours of continuing pharmacy education credit.

Nurses and pharmacists should claim only those contact hours actually spent participating in the activity..

Pharmacists' NABP e-Profile ID and date of birth will be collected during registration. CPE credit will be processed after the program evaluation has closed to participants, which will be three to four weeks following the activity date.

Physician Assistants: NCCPA accepts certificates of participation for educational activities approved for *AMA PRA Category 1 Credits™* from organizations accredited by ACCME.

ABIM MOC Points



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 3.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Method of Participation

In order to meet the learning objectives and receive continuing education credits, participants are expected to formally register for the activity, watch the webcast and complete an on-line evaluation at the conclusion of the activity. A CME/CE certificate will be emailed to participants upon completion of the on-line evaluation.

Faculty

Activity Director

Naomi Schlesinger, MD

Professor of Medicine
Chief, Division of Rheumatology and Connective Tissue Research
Director, Gout Center
Rutgers Robert Wood Johnson Medical School
New Brunswick, NJ

Rutgers Robert Wood Johnson Medical School Faculty

Vivien M. Hsu, MD

Professor of Medicine
Director, Rheumatology Fellowship Program
Director, Scleroderma Program

Seema Malkana, DO

Assistant Professor of Medicine

Nina Ramessar, MD

Assistant Professor of Medicine

Victor S. Sloan, MD, FACP, FACR

Clinical Professor of Medicine
Associate Director, Health Services, The Peace Corps

Guest Faculty

Elliot D. Rosenstein, MD, FACR, FACP

Director, Institute for Rheumatic and Autoimmune Diseases
Overlook Medical Center - Atlantic Health System
Summit, NJ

Program Agenda

- 7:30 am **Virtual Exhibit Hall**
- 7:50 am **Welcome and Opening Remarks**
Naomi Schlesinger, MD
- 8:00 am **How to Evaluate a Patient for Connective Tissue Disease**
Vivien M. Hsu, MD
- 8:35 am **Myositis: Beyond Rashes and Antibodies**
Seema Malkana, DO
- 9:10 am **Systemic Lupus Erythematosus - The Past, Present, and the Future**
Nina Ramessar, MD
- 9:45 am **Break/Virtual Exhibit Hall**
- 10:00 am **Axial Spondyloarthritis: New Understanding of an Old Disease**
Victor S. Sloan, MD
- 10:35 am **Crystal: Diagnosis and Management of Gout**
Naomi Schlesinger, MD
- 11:10 am **Rheumatoid Arthritis: A Changing and Challenging Landscape**
Elliot Rosenstein, MD
- 11:45 am **Adjourn**

General Information

Registration Fees	Through 1/28/2022	After 1/28/2022
Physician	\$50	\$70
Other Healthcare Professional	\$40	\$60
RBHS/RWJBarnabas Faculty/Staff	\$30	\$50
Resident/Fellow/Healthcare Student*	Complimentary	\$20

**Registration must be accompanied by program director's letter confirming resident/fellow/student status. Please upload your letter when registering or email to ccoe@rbhs.rutgers.edu.*

Registration fee includes continuing education credits and course material. Registration can only be accepted through our secure on-line website through February 8, 2022. Registration will not be confirmed until payment is received. If payment is not received in time for the activity, Rutgers reserves the right to cancel the registration.

Pre-registration is required.

To Register: <https://rutgers.cloud-cme.com/RURheumatology2022>

Course Material

In an effort to provide the most complete materials to attendees and conserve resources, PDF versions of the lecture slides will be made available on-line to registered attendees. Additional information will be provided in future confirmation communications.

Confirmation

Once registered, you will receive an email confirmation. As the activity date approaches, you will receive additional information to assist you with your plans to participate in this activity.

Virtual Meeting via WebEx

Additional information and instructions for WebEx access will be emailed registrants the week of February 7, 2022.

Cancellation Fee/Refund

A full refund, less a \$25 cancellation fee, will be granted if notice is received no later than February 10, 2022. Refunds will not be issued for any cancellations received after February 10, 2022 and cannot be given for no shows. To cancel, please contact CCOE by email at ccoe@rbhs.rutgers.edu.

For Additional Information

For additional information, questions, or concerns, or if you require special arrangements to attend this activity, please contact CCOE by email at ccoe@rbhs.rutgers.edu.

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Medical School

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